

# L'ENTREFILET

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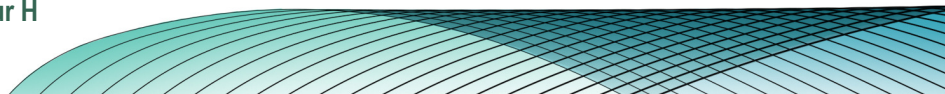
## BULLETIN D'INFORMATION DU-HAUT-DE-L'ISLE



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Région 06  
Secteur H



## Reference directory

### Sector Council

|                      |                    |              |  |
|----------------------|--------------------|--------------|--|
| Gilles Sabourin      | President          | 514-942-4929 | <a href="mailto:gilles_sabourin@hotmail.com">gilles_sabourin@hotmail.com</a> |
| Richard Raymond      | 1st Vice-President | 514-685-6621 | <a href="mailto:liseetrichard@videotron.ca">liseetrichard@videotron.ca</a>   |
| Angèle Gagnon        | 2nd Vice-President | 514-213-5437 | <a href="mailto:ordiange29@gmail.com">ordiange29@gmail.com</a>               |
| Nicole Normand-Divay | Treasurer          | 514-631-8831 | <a href="mailto:nordivay@videotron.ca">nordivay@videotron.ca</a>             |
| Pierrette Tessier    | Secretary          | 514-626-6873 | <a href="mailto:familledaoust99@yahoo.ca">familledaoust99@yahoo.ca</a>       |
| Nicole Girard        | 1st Councillor     | 514-768-4413 | <a href="mailto:ngirard1043@gmail.com">ngirard1043@gmail.com</a>             |
| André Labossière     | 2nd Councillor     | 514-637-1725 | <a href="mailto:andrelabossiere@gmail.com">andrelabossiere@gmail.com</a>     |

### Sectoral committees and activities

|                           |                        |              |  |
|---------------------------|------------------------|--------------|--|
| Women's Committee         | Nicole Girard          | 514-768-4413 | <a href="mailto:ngirard1043@gmail.com">ngirard1043@gmail.com</a>             |
|                           | Marion Murphy          | 514-505-1682 | <a href="mailto:marionmurphy@videotron.ca">marionmurphy@videotron.ca</a>     |
| Birthday cards            | Ginette Pomerleau      | 514-626-0800 | <a href="mailto:ginetpom@gmail.com">ginetpom@gmail.com</a>                   |
|                           | Janine Beaudry-Hamelin | 514-685-4688 | <a href="mailto:janinehamelin@gmail.com">janinehamelin@gmail.com</a>         |
| Men's Committee           |                        |              |  |
| Succession Committee      |                        |              |  |
| Laure-Gaudreau Foundation | Nicole Girard          | 514-768-4413 | <a href="mailto:ngirard1043@gmail.com">ngirard1043@gmail.com</a>             |
|                           | Thérèse Labossière     | 514-637-1725 | <a href="mailto:andrelabossiere@gmail.com">andrelabossiere@gmail.com</a>     |
| Retirement                | Gilles Sabourin        | 514-942-4929 | <a href="mailto:gilles_sabourin@hotmail.com">gilles_sabourin@hotmail.com</a> |
| Environment               | André Labossière       | 514-637-1725 | <a href="mailto:andrelabossiere@gmail.com">andrelabossiere@gmail.com</a>     |
| Socio-political action    |                        |              |  |
| Insurance                 | Gaétan Dubois          | 514-637-7332 | <a href="mailto:duboisgaetan@gmail.com">duboisgaetan@gmail.com</a>           |
| Arts                      | Angèle Gagnon          | 514-213-5437 | <a href="mailto:ordiange29@gmail.com">ordiange29@gmail.com</a>               |
| Communications            | Richard Raymond        | 514-685-6621 | <a href="mailto:liseetrichard@videotron.ca">liseetrichard@videotron.ca</a>   |
| Sites Internet            | Edmond Pauly           | 514-683-3818 | <a href="mailto:edmond.pauly@gmail.com">edmond.pauly@gmail.com</a>           |



## Message from the President



Gilles Sabourin

Hi everyone,

We are already approaching a new year. Since our last newsletter, several events have taken place:

the back-to-school dinner (15 September)

the FLG benefit dinner (11 October)

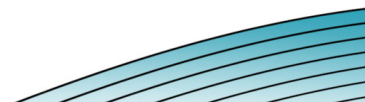
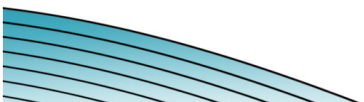
the National Council from 23 to 26 October which brought together all the sectoral, regional and national presidencies.

On October 27th, the environment committee in collaboration with SOVERDI proceeded with a tree planting, nine of our members participated.

On November 1st, the Arts Committee presented a lecture on the pioneers of abstraction. The next day, the Women and Socio-Political Action Committee presented a conference on gender. All these activities, not to mention our breakfasts of the month, are wonderful moments to meet and exchange.

Your sector committee is in the process of developing a conference activity entitled "Seniors' Safety". Don't forget to check out our website: <https://du-haut-de-lisle.areq.lacsq.org/> More activities are to come.

I hope to see many of us at our Christmas dinner on December 13th. I would like to take this opportunity to wish you and your loved ones all the best for health and happiness.



## We are pleased to welcome in our sector

Lucille Bélanger  
Suzanne Grondin

Lorraine Boucher  
Melanie Matthews  
Tina Tupper

Michel Desrochers  
Lucy Montes-Martel



## In Memoriam

Nicole Bastien  
Cécile Bourgault  
Pierre Lescault  
Francine Primeau-Cochrane  
Richard Raymond's brother

Gilles Boudreau  
Salim Fakhruddin  
Jacques Martel

Françoise Boulanger  
Lise Lacasse  
Douglas Robinson  
Madeleine Tremblay

Our condolences to family and friends.



## Tree and Shrub Planting on the AREQ MONTREAL

André Labossière



## Your Committee



Gilles Sabourin  
President



Richard Raymond  
1<sup>st</sup> Vice-president



Angèle Gagnon  
2<sup>nd</sup> Vice-president



Nicole Normand-Divay  
Treasurer



Pierrette Tessier  
Secretary



Nicole Girard  
Councillor



André Labossière  
Councillor





## Retirement Committee



Gilles Sabourin

Inflation continues, we only have to think about our grocery basket, rent, energy. This year, the AIRR (annualized pension indexation rate) is 4.4%. This means that the QPP will be increased by 4.4% on January 1, 2024. Our RSP, RRCE, RPPE, RREGOP pensions will be increased by

4.4% for the portion of the pension contributed before 1982,  
1.4% for the portion of the pension contributed between 1982 and 1999.  
2.2% for the portion of the pension contributed after January 1, 2000

The battle for the full indexation of our pensions continues. A clause in the 2010 agreement provides for an increase in the pension for the years 1982 to 1999 if the funding rate of the RREGOP reaches 120%. The good news is that in October, a rate of 123.1% was reached.

In August, RREGOP members will receive a lump sum payment of 0.8% on the portion of the pension corresponding to the years 1982-1999. This amount will be retroactive to January 1, 2024. For EPP, ECPP and PPMP recipients, a decision is still to be made by July 1, 2024.



# Laure-Gaudreault Foundation



Nicole Girard  
Thérèse Labossière

## Action Plan 2023-2024

- \* **Inform** our members of the Foundation's help to youth, seniors and families in need,
- \* **Remind** our members of fundraising for the Foundation,
- \* **Attend** the first regional meeting in early September and the fundraising dinner in October,
- \* **Invite** new AREQ members and acquaintances to register with the Laure-Gaudreault Foundation,
- \* **Write** articles in our newsletter *'Entrefilet*,
- \* **Interact** with our colleagues from the region during lunches and dinners,
- \* **Recall** the assistance provided by the Laure-Gaudreault Foundation to beneficiary organizations and individuals,
- \* **Ask** various community organizations in our sector to make themselves known,
- \* **Send** sympathy cards to the families of deceased people in our area,
- \* **Send** a request form for assistance to designated organizations and individuals,
- \* **Submit** these completed applications to the Conseil sectoriel Du-Haut-de-L'Isle,
- \* **Send** revised and accepted applications to the Foundation's Regional Vice-President,
- \* **Invite** recipient organizations to the Volunteer Luncheon,
- \* **Place** the change at the bottom of your pocket or purse in the pink jack at lunch on the first Friday of the month,
- \* **Bring** your books to donate. The proceeds of the sales are for the benefit of the Foundation,
- \* **Actively participate in** the Bowl-A-thon. It is a special event whose profits are donated to the Laure-Gaudreault Foundation,
- \* **Purchase** gift certificates for the Fundraising Dinner and Bowl-A-Thon.

## Laure-Gaudreault Foundation (LGF) Committee



Nicole Girard

To date, the Laure-Gaudreault Foundation sector committee has held two meetings, on September 1 and October 11, 2023.

October 11 was the Foundation fundraising dinner. There were eleven of us at our table. In addition to 6 members of the sector, 3 other members of the AREQ and 2 guests helped to increase the Foundation fundraiser.

It was members of the AREQ who donned the apron and served the meal.

Big THANK YOU to all of you!

See: Echoes of the Island, Laure-Gaudreault Foundation Fundraiser, Vol. 22, No. 1, p. 17. Whats New, The Laure-Gaudreault Bursary, 2022-2023, Fall 2023, p. 26.

### **Lunch of the Month**

**On the first Friday of the month**, many of us socialize with colleagues in the sector.

Thanks to your generosity, our pink piggie is gaining weight with your pennies. All the pennies, even the black ones, are good.

At the holiday dinner on December 13, find out how much our pink piggie will have.

Many thanks!





## Committee on the Status of Women (CSW)

Nicole Girard



The first meeting of the Committee on the Status of Women, CCF, was held on Thursday, November 2, 2023 with the presence of the Socio-Political Committee in the morning.

We were informed of an ongoing petition proposed by Ms. Cantin of the **New Democracy Movement** (NDM) (**Mouvement Démocratie Nouvelle** (MDN)). For details visit the website: [c'estjustepasjuste.com](http://c'estjustepasjuste.com).

Then Ms. Plamondon, a recent retiree from the AREQ and advisor to the status of women, gave us the tools to use **the terms LGBTQIA2S+** by briefly explaining their meaning. We received 4 sheets that define them. There was room for questions in the form of an exchange.

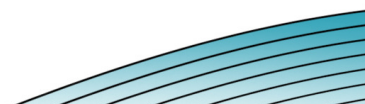
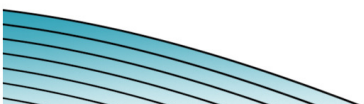
She mentioned the link with the MELS program for culture and citizenship in Quebec.

Dinner at the St. Pius X Culinary Institute.

### **Activities to be planned in 2023 - 2024**

On January 25, 2024, an organization that helps women caught our attention. It's **Women's Street**. More details will follow. In the meantime, some clothes to donate might come in handy.

We will soon be ordering pins that we will need for **March 8, 2024, International Women's Day**. More details will follow.



## Calendar of activities

| January  |   |  |  |
|--|---|--|--|
| <u>Friday</u><br><br>6   | <u>Sectorial Activity</u><br><br>Monthly breakfast                      | <u>9 h</u><br><u>Restaurant Eggsquis</u><br>2780 Remembrance,<br>Lachine | Registration<br>Thérèse Labossière<br>514-637-1725 |
| February   |   |  |  |
| <u>Friday</u><br><br>3   | <u>Sectorial Activity</u><br><br>Monthly breakfast                      | <u>9 h</u><br><u>Restaurant Eggsquis</u><br>2780 Remembrance,<br>Lachine | Registration<br>Thérèse Labossière<br>514-637-1725 |
| <u>Wenesday</u><br><br>7   | <u>Regional Activity</u><br><br>Occupons-nous de nos affaires           | See Échos de l'île   |  |
| <u>Friday</u><br><br>16  | <u>Sectorial Activity</u><br><br>Dîner de l'amitié -Fête des jubilaires | <u>11 h 30</u><br>Au Vieux Duluth3610, boul.<br>St-Jean DDO              | Registration<br>Nicole Normand-Divay514-631-8831   |
| March  |   |  |  |
| <u>Friday</u><br><br>1 <sup>st</sup>   | <u>Sectorial Activity</u><br><br>Monthly breakfast                      | <u>9 h</u><br><u>Restaurant Eggsquis</u><br>2780 Remembrance,<br>Lachine | Registration<br>Thérèse Labossière<br>514-637-1725 |
| <u>Friday</u><br><br><u>8</u>  | <u>Regional Activity</u><br><br>Journée du droit des femmes             | See Échos de l'île   |  |
| April  |   |  |  |
| <u>To be determine</u> : <u>Sectorial Activity</u> - outing to the sugar shack |   |  |  |
| <u>Friday</u><br><br>5   | <u>Sectorial Activity</u><br><br>Monthly breakfast                      | <u>9 h</u><br><u>Restaurant Eggsquis</u><br>2780 Remembrance,<br>Lachine | Registration<br>Thérèse Labossière<br>514-637-1725 |

## April—Next

|                                  |  |  |   |
|----------------------------------|--|--|---|
| <b><u>Mercredi</u></b><br><br>10 | <b><u>Regional Activity</u></b><br><br>Causerie socio-politique    | See Échos de l'île   |   |
| <b><u>Friday</u></b><br><br>19   | <b><u>Regional Activity</u></b><br><br>Jour de la terre            | See Échos de l'île   |   |
| <b><u>Friday</u></b><br><br>24   | <b><u>Sectorial Activity</u></b><br><br>Sectorial general assembly | <b>9 h</b><br><u>Casa Réception</u><br>13081 Boul. Gouin O.<br>Pierrefonds | <b>Registration</b><br>Nicole Normand-Divay<br>514-631-8831 |

## May

|                               |  |   |   |
|-------------------------------|--|---|---|
| <b><u>Friday</u></b><br><br>3 | <b><u>Sectorial Activity</u></b><br><br>Monthly breakfast        | <b>9 h</b><br><u>Restaurant Eggsquis</u><br>2780 Remembrance, Lachine | <b>Registration</b><br>Thérèse Labossière<br>514-637-1725 |
| <b><u>Jeudi</u></b><br><br>23 | <b><u>Regional Activity</u></b><br><br>Regional general assembly | See Échos de l'île  |   |

## June

|                                 |   |   |   |
|---------------------------------|---|---|---|
| <b><u>Friday</u></b><br><br>7   | <b><u>Sectorial Activity</u></b><br><br>Monthly breakfast | <b>9 h</b><br><u>Restaurant Eggsquis</u><br>2780 Remembrance, Lachine | <b>Registration</b><br>Thérèse Labossière<br>514-637-1725 |
| <b><u>Dimanche</u></b><br><br>9 | <b><u>Regional Activity</u></b><br><br>Quilles-O-Thon     | See Échos de l'île  |   |



### Credits

Collaborateurs : Nicole Girard, Thérèse Labossière, André Labossière  
et Gilles Sabourin  
Translator: Wendy Cloutier  
Mise en page: Céline Allard  
Coordonnateur: Richard Raymond

